

Time-Release Ginkgo Concentrate

Helps Brain Circulation for Memory Health

Ginkgo biloba is one of the top-selling herbs in the United States and is prized throughout the world. Its unique-shaped leaves, which come from the oldest tree on earth, contain beneficial compounds that support the nervous and circulatory systems.



INGREDIENTS

Each tablet of NSP Time-Release Ginkgo contains 120 mg of concentrated **Ginkgo biloba extract**, standardized to contain 24 percent ginkgo flavone glycosides and 6 percent terpenes. **Flavone glycosides** are a mix of bioflavonoids, including quercetin and kaempferol, that act as powerful antioxidants to reduce platelet aggregation in the blood, help prevent atherosclerosis and benefit the nervous system and brain. **Terpenes**, including ginkgolides and bilobalides, enhance circulation, particularly to the head, and protect nerve cells.

BENEFITS

- Ginkgo helps improve oxygen metabolism in the brain, which may explain its benefits in the areas of memory, attention span and mood in the early stages of Alzheimer's disease.
- This herb also appears to support optimal blood circulation to the brain, increasing the amount of oxygen supplied to brain cells.
- It also stimulates the central nervous system and the entire vascular system to increase energy and circulation.
- It has been reported to help return elasticity to cholesterol-hardened blood vessels.
- Ginkgo is recognized as a powerful antioxidant with the ability to scavenge free radicals in the brain. The brain and central nervous system are particularly susceptible to free radical attack, making ginkgo all the more valuable.

NSP ADVANTAGE

- Time-release technology offers a steady supply of ginkgo for up to 12 hours.
- A standardized extract provides guaranteed consistent levels of flavone glycosides and terpenes, two important active constituents.

SCIENTIFIC SUPPORT

Numerous scientific journals have reported on ginkgo's ability to help improve memory and increase peripheral circulation. One year-long study showed that 120 mg of ginkgo extract per day stabilized or improved cognitive function and social behavior in patients with moderate to severe Alzheimer's disease or multi-infarct dementia.

Preliminary research also shows that ginkgo extract may help with vertigo and tinnitus (ringing in the ears).

RECOMMENDED USE

Take 1 tablet with breakfast. Many people using ginkgo begin noticing improvement after four weeks of regular use.

COMPLEMENTARY PRODUCTS

- **Nutritional:** Brain-Protex™ with Huperzine, Ginkgo/Gotu Kola Concentrate, Gotu Kola ATC Concentrated, Lecithin.
- **Homeopathic:** Distress Remedy, Depressaqueel®.
- **Essential Oils:** Focus, Rosemary.

T-R Ginkgo Biloba Extract (30)
Stock No. 898-8



Contact your local NSP Herb Specialist: